

Director of Employee Happiness



Increasing employee happiness leads to higher productivity, less turnover, and better engagement.

Achieving maximum results requires finding the perfect combination of mental and physical health education, team building, fitness programs, and employee engagement technology.

Your Director of Employee Happiness will work with you to learn about your unique challenges, company culture, and will design a comprehensive plan to increase morale. We will survey employees prior to starting the program and again after one year to measure the results.



The Five Pillars of Employee Engagement

Emotional - Mental health, stress and psychological well-being play an important role in an employee's ability and willingness to engage in the workplace.



Environmental - Promoting an eco-friendly lifestyle that supports the health of individuals and our planet.

Physical - Exercise and movement play a key role here, but nutrition, sleep, lifestyle choices and an ergonomic work space all have a dramatic impact on physical health.



Financial - Having access to savings plans and educational resources to support financial security and debt reduction.

Social - Feeling connected to others and a connection to the community.



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